

Pre-MicroNeedling Treatment Instructions

Prior to your Microneedling session, please observe the following:

- No Retin-A products or applications 24 hours prior to your treatment.
- No auto-immune therapies or products 24 hours prior to your treatment.
- Avoid direct sunlight and tanning for one week prior to appointment. A microneedling treatment will not be administered on sunburned skin. If you have a new tan, microneedling could cause temporary hyperpigmentation.
- On the day of the treatment, please arrive with a freshly washed face, free of any lotions and makeup.
- If you are taking a blood thinner, aspirin or any other medication that you have the propensity to bleed easily while on, please tell your practitioner.
- If you are under a physician's care and need to discontinue your medication for a few days, always ask your physician prior to each Microneedling appointment.
- If you are planning to receive Botox, make sure that you give yourself at least 2 weeks post Botox injections before receiving your Microneedling procedure.
- If you have an active acne breakout before treatment, please consult your practitioner.
- If you are prone to cold sores, please take your doctor-prescribed antiviral medications for cold sores 24 hours before treatment and 24-48 hours after.
- Wait 6 months following oral isotretinoin (Accutane) use before a treatment.